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Wing training timeline

As of Wednesday		
Pilot Instructor Training		
Squadron	Senior Class	Overall
99th FTS	-5.0	-1.0
558th FTS	-6.4	0.3
559th FTS	-10.8	-0.7
560th FTS	-2.7	-4.4

Numbers reflect days ahead or behind for senior pilot instructor training class and an average for all PIT classes currently in training.




Navigator, EWO training			
562nd FTS		563rd FTS	
Air Force	235	Undergraduate	52
Navy	84	International	0
International	1	EWC Course	13
		Fundamentals	0

Numbers reflect students currently in training. The 562nd shows source of navigator students. Air Force students include Air Force Reserve and Air National Guard. The 563rd indicates students in specific courses.

Wing Sortie Scoreboard			
Aircraft	Required	Flown	Annual Required
T-1A	2,223	2,139	3,835
T-6A	5,138	5,242	8,863
T-37B	5,107	4,884	8,641
T-38A	5,039	5,116	8,640
T-43A	687	736	1,158

Numbers reflect the required and flown missions as of Wednesday, and the required missions for fiscal 03.

Weekend weather

Day	Forecast	High	Low
Today		93	73
Saturday		93	75
Sunday		92	72

ORI begins Sunday

AETC IG team starts 10-day visit

By Airman 1st Class Chad Tarpley  
12th FTW Public Affairs

The 12th Flying Training Wing is just two days away from an Air Education and Training Command Operational Readiness Inspection and Contracted Support Activity Inspection.

“The AETC Inspector General team is scheduled to arrive Sunday,” said Lt. Col. Jose Hernandez, chief of the 12th FTW/IG inspections branch and wing ORI project officer. “The inspection will run through May 20.”

During the evaluation, approximately 80 inspectors from Air Education and Training Command will test the wing’s ability to conduct its training and wartime missions.

The inspection will also identify obstacles that impact mission accomplishment, as well as areas that serve to eliminate waste, improve morale and increase readiness. “Additionally, the inspection helps provide information to other organizations for use in improving their operations,” said Colonel Hernandez.

“We have exceptional people doing some fantastic things here in the 12th,” said Col. Mark Graper, 12th FTW commander. “As we start the ORI, we should be confident in the fact that that we know our mission and that we are performing it in a highly professional manner. This inspection will validate that.”

The commander urged the members of the wing to do everything as they normally would during the ORI. “We need to work smartly, professionally, with a sense of



Senior Airman Eric Gonzales works on a simulated patient a during recent exercise. (Photo by Ralph Monson)

urgency and, above all, with safety foremost in our minds,” he said. “These are the things that make us successful day in and day out.”

Following a command briefing to the inspectors Monday morning, members of the

ORI team are expected to immediately begin visiting their respective functional areas of the wing.

See ORI on page 7

A thank you to military spouses

By Gen. Don Cook  
Commander of Air Education and Training Command

Throughout the year we celebrate and commemorate, often with great fanfare, people and events that have made our nation great. For the men and women who serve in uniform I think such commemorations take on added meaning and significance because many of these occasions are recognition of sacrifice, patriotism and service in securing and maintaining freedom and peace for our country and its citizens. But one occasion that doesn’t get as much fanfare as it should is Military Spouses Day, which we celebrate today. I think you will all agree we need to change that.

Our military spouses are extraordinary people. Their personal sacrifices, contributions, volunteer efforts and service before self are integral to the health and well-being of our families, our success as individ-



Gen. Don Cook

uals and play a large role in ensuring our Air Force can successfully achieve its mission. As we all know, the life of a military family is filled with unique challenges and opportunities. Today it is often the rule rather than the exception that both husband and wife work, while sharing the responsibilities of raising a family. Both spouses may serve in uniform while other couples are comprised of a military member and a civilian spouse maintaining a career either in the home or in the commercial sector. But no

matter the specific situation, I think today the military family, and the military spouse in particular, face the daunting challenges confronting them with a special fortitude, commitment, and esprit de corps unique to our military family vocation.

It is important to remember that in military families, all members serve our country in one way or another. During the often-lengthy separations indigen-ous to military service, the spouses remaining behind have awesome responsibilities to sustain a home and family. By default, they must frequently take on the duties of both mother and father dealing with the complex issues of daily life ... and they must do it alone. The military spouse is truly the engine that keeps our homes and our lives on track when the military member is deployed or temporarily away.

In my personal experience I could not have succeeded in supporting the many military mis-

sions I was called upon to do without the loving partnership I have with my wife, Diane. I am very proud of her service to our family, the Air Force and our nation. I applaud her for her sacrifice and commitment and the fact that she has packed us up to PCS 24 times! She is among the thousands of military spouses who make this Air Force the great organization it is and I thank her and all our military spouses for that special commitment everyday.

Across Air Education and Training Command we will hold a variety of events and activities today geared to recognize the many contributions our military spouses make to the military community and the enormous impact they have on the quality of our lives. I encourage you to participate fully in celebrating their accomplishments and to thank them for all they do for us. Our spouses are special and help make our Air Force family strong. We must celebrate them.



# ORI tips from wing commander

By Col. Mark Graper  
12th Flying Training Wing commander

On Sunday we'll begin our Operational Readiness Inspection. Many of you have been through an ORI (or several!), but others have not. So, why is the ORI such a big deal?

The ORI is an opportunity for us to receive an objective assessment of our work – a type of external accountability necessary to ensure we are ready to train aviators, support our tenant units and support contingency situations here and at deployed locations around the world.

I know you have worked many long hours preparing for this event, all the while continuing our daily mission.

I expect many of you are anxious about getting the ORI underway while others are simply ready for it to end before it begins.

Regardless, I encourage each of you to go into the ORI with a contagious excitement about what you do and how well you do it.

Attitude is half the battle: your high energy, can-do, team-oriented attitude is why we have done so well in our daily missions as well as special events like the Air Tattoo and Freedom Flyer Reunion, and it's why I am confident we'll do well in our IG inspection.

You have every reason to be proud of your units and the people with whom you work throughout Team Randolph.

I continue to be impressed with the magnificent team we have here – you are awesome!

Some thoughts before we begin the ORI:

*“I’m confident the ORI will validate what we already know - that the 12th Flying Training Wing is comprised of extraordinary men and women, committed to our nation’s defense by helping sustain America’s combat capability.”*



- Last minute quality control—ensure you have done a final scrub of checklists, continuity folders, mobility folders, etc. All these types of documents should have been updated by now, but a last check is usually beneficial.
- Unit/facility appearance—a sharp work area makes a good impression on inspectors (we should be keeping our facilities clean in any event) and after the inspection is done, you'll have a more pleasant place to work. Clean and uncluttered is the key!
- Base appearance—we're stewards of the "Showplace of the Air Force," and I ask your assistance in keeping our appearance top notch. If you see a piece of trash, please pick it up. Base housing residents, we are being looked at, too! Col. Greg Patterson, 12th Support Group commander, has some specific suggestions on housing area brush-up in his article in today's Wingspread.
- Personal appearance—a good shoe shine and a haircut before an inspection is a proud military tradition—just as applicable today as ever.

- One team, one fight—maintain good mutual support. Please pitch in and help your co-workers and sister units as contingencies and issues arise in the course of the inspection.

Do we want a great rating from this inspection? Absolutely. Is the ORI all about ratings? Absolutely not.

The ORI is about its name – operational readiness. While I encourage you to strive for a high rating, most importantly I strongly encourage you to keep the big picture – the ORI will help us be more ready to accomplish our mission, become better stewards of our resources and be better equipped to face the challenges of transformation.

I'm confident the ORI will validate what we already know – that the 12th Flying Training Wing is comprised of extraordinary men and women, committed to our nation's defense by helping sustain America's combat capability.

Thanks for the hard work you have put in thus far. See you on the high ground!

# HAWC to help lower cholesterol

Lt. Col. Dawn Jackson  
12th Medical Group Health Promotion Flight commander

High cholesterol is a major risk factor for coronary heart disease, the leading killer of Americans.

Americans' lifetime risk of developing CHD is very high. One out of every two men and one out of every three women age 40 and younger will develop CHD at some time in their lives. Even for 70-year-olds, the risk remains high.

The buildup of cholesterol in arteries begins early in life, often in adolescence, and worsens over time.

Research shows that young adults with the lowest cho-

lesterol levels will live longer than those with higher cholesterol levels. In fact, the cholesterol level of a 22-year-old predicts the risk for heart attack over the next 40 years.

The almost 13 million Americans who already have CHD need to pay special attention to their cholesterol levels. They should reduce their level of low-density lipoprotein, or LDL, the bad cholesterol, even further than persons without CHD. Clinical studies show that, by doing so, Americans with CHD can prolong their lives and dramatically reduce their chances of having a heart attack.

Controlling your cholesterol is an important part of heart health. Whether you're young or old, and espe-

cially if you have coronary heart disease, you should take action to protect your heart. Start now and you'll reap the benefits of a healthier life.

To get started you should do the following: Eat a healthy diet lower in saturated fat, total fat, and cholesterol; be physically active; maintain a healthy weight; and, if prescribed by your provider, take medication.

To help members of Team Randolph take these steps, the Health and Wellness Center teaches classes on Cholesterol Management and has monthly healthy cooking demonstrations.

Call the HAWC at 652-2300 to sign up or stop by the HAWC in Hangar 71 and select one of the videos or numerous brochures available on this subject.

# Congratulations Retirees


Today

Col. Jonn O'Connor Jr., *Air Education and Training Command*

Chief Master Sgt. Rudi Zayas, *Air Education and Training Command*

Master Sgt. Fred Johnson, *Air Education and Training Command*

Retirement announcements should be submitted to the *Wingspread* office by Friday at noon two weeks prior to the desired date of publication. E-mail announcements to [randolph.retiree.messages@randolph.af.mil](mailto:randolph.retiree.messages@randolph.af.mil) or fax them to 652-5412. For more information, call the *Wingspread* office at 652-5760.



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For more information about submissions, call 652-5760 or base ext. 7-5760.

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# First impressions

## Keeping the base maintained is everyone’s responsibility

By Col. Greg Patterson  
12th Support Group commander

It’s hard to believe but the 12th Flying Training Wing’s Operational Readiness Inspection begins Sunday with the official “arrival” of the Air Education and Training Command Inspector General team.

While most members of the team are permanently assigned here, Sunday kicks off their official inspection of the wing.

As the host unit for the “Showplace of the Air Force,” we are honored to be stewards of such incredible historic infrastructure and facilities.


Ralph Waldo Emerson once said, “Let every man shovel out his own snow and the whole city will be passable.”

Granted, not a lot of snow in San Antonio this or any other time of the year, but we’re only able to keep Randolph a beautiful base because of your hard work - the work of each member of Team Randolph, not just the wing, to help clean and beautify our base.

We all know first impressions are important. As we go into our ORI week, I encourage base housing residents to take note of these tips for maintaining our facilities.

- ❑ Look at your yard - is the lawn freshly mowed, including edging along the fence and foundations?
- ❑ Are your bushes trimmed, flowerbeds weeded and vines removed from walls?

*“Base cleanliness is everyone’s responsibility - it’s the right thing to do, period!”*



- ❑ Is algae and mildew removed from the walls? The civil engineering self-help center has mildew remover that can be applied with paint rollers and sprayed off with water in less than 30 minutes.
  - ❑ Is the lawn uncluttered - are toys and furniture neat and orderly? Are lawn decorations seasonal and in good repair?
  - ❑ What about your storage areas and garages - are they uncluttered? Are only authorized vehicles parked in the designated parking spaces?
- Most importantly, each member of Team Randolph can play a huge part in cleaning up the base - take time to pick up trash as you walk into and out of your office buildings and other facilities. Take a few minutes before the day ends and walk around your building and through your parking lot with a trash bag - you’ll likely be amazed at what you find!

Maintaining a clean and uncluttered base is essential to our stewardship of this incredible installation, as well as an important part of the IG team’s ORI assessment.

I’ll never forget something that happened during an ORI at a previous assignment. As she was walking out of the headquarters building, a civilian employee was observed by a member of the IG team picking up a loose piece of paper from the ground.


The inspector asked the lady what she was doing, to which she replied, “I’m picking up trash.” The inspector continued to talk with her and learned that she was not the building manager - she simply felt a responsibility to keep her building clean.

This lady was not responsible for a “major” wing program, nor was she directly involved in the deployment or major accident response exercises. The IG team, however, recognized her as a “Professional Performer.”

So, if I pick up trash does that mean I’ll be named a “Professional Performer?” Not necessarily. But it does mean we will all have cleaner work areas, common areas, and housing areas.

Base cleanliness is everyone’s responsibility - it’s the right thing to do, period!

Thank you for all your hard work every day helping keep Randolph looking great. I’m confident the ORI will validate your outstanding efforts and our reputation as “Showplace of the Air Force.”



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Jamaal McNeil



Kimberly Meyers



Heather Neddo



Suzanne Oates



Pammi Orie



Rene Pena



Christopher Perry



Tara Peter



Breanna Solis

# Thirty two senior airmen graduate ALS



Gary Robertson



Meldon Street



Sonia Williams



Chad Workman

**By Master Sgt. Lorrie Garrity**  
Flight Chief  
Airman Leadership School

Airman Leadership School class 03-5 graduated Thursday at the enlisted club. Twenty-six Randolph Air Force Base senior airmen and six Laughlin AFB senior airmen completed 24 academic duty-days consisting of 191 hours.

The guest speaker for the graduation ceremony was Chief Master Sgt. Jim Camp, 58th Special Operations Wing command chief master sergeant.

Graduates studied three areas of curriculum: communication skills, leadership and management, and the profession of arms.

The communications curriculum focused on the following skills: military briefings, Performance Feedback Worksheets, bullet statements, official correspondence and interpersonal counseling. Proficiency was measured through hands-on performance. The leadership and management curriculum was measured through objective tests designed to measure comprehension of human resource and leadership principles. Graduates must achieve an academic average of 70 percent on two evaluations. The profession of arms curriculum involved uniform inspections, reveille and retreat ceremonies, and a series of lessons on the Air Force mission, world affairs and expeditionary aerospace force. Graduates must

demonstrate an understanding and appreciation for their role in the Air Force mission.

The ALS is affiliated with the Community College of the Air Force through the College for Enlisted Professional Military Education.

The graduates are awarded nine semester hours toward a CCAF degree.

Four awards were given to top students for accomplishments during the course:

**The Academic Award**, sponsored by the Non-commissioned Officers' Association, is presented to the student who excelled academically on both the performance evaluations and objective phase tests.

**The Leadership Award**, sponsored by

the Randolph Chiefs' Group, is presented to the student who exemplified the characteristics and traits of a leader while attending ALS.

**The Distinguished Graduate Award**, sponsored by the Air Force Sergeant's Association, is presented to the students who continued to maintain the highest standards in the areas of dress and appearance, customs and courtesies, academics, practical application, team development, and leadership skills. It is awarded to the top ten percent of the class.

**The John L. Levitow Award**, sponsored by the Randolph First Sergeants' Group, is presented to the student finishing at the very top of the class.

## News Briefs

**OTS**  
The Officer Training School Selection Board 0305 met April 1. Randolph had one individual selected: Tech. Sgt. Wayne Straw from the Joint Personal Property Shipping Office.

The next OTS Selection Board will meet Tuesday.

**Control of medical records**  
Effective now, TRICARE Prime beneficiaries are no longer required to hand carry their medical records to other military treatment facilities.

The clinic will no longer release the original copy of the medical records to patients for appointments outside their MTF. Patients with consult appointments will now be provided a copy of their SF 600 patient encounter note and a printed copy of the consult request completed by the referring provider.

For more information, call 652-2974.

**TXDOT repairs**  
The Texas Department of Transportation began a repair project April 9 applying crack sealant on portions of FM 78

from Loop 410 to Cibolo Creek. During the project, one lane of traffic will be closed on the affected portion of FM 78 in approximately one mile increments. As the project progresses, TXDOT plans to apply the sealant to sections of FM 78 outside the West, Main and East gates.

All drivers are encouraged to pay extra attention to work crews in the area and use caution when traveling in these areas. Specific dates and times of work expected to be completed near the base will published as they become available.

For more information, call the 12th Flying Training Wing safety office at 652-1842.



# Closing the Circle

## Special Environmental Awards for two Randolph members

**Bob Hieronymus**  
Wingspread staff writer

Two Randolph civilians will receive the prestigious White House Closing The Circle Award for excellence in environmental stewardship June 10 at the Presidential Hall of the Eisenhower Executive Office Building in Washington.

“This year’s honorees have heeded President Bush’s call for the federal government to lead by example, be a good neighbor, and be a good steward of our resources,” said John Howard, federal environment executive who announced the winners.

“Closing the Circle” refers to the logo found on most recycling displays that shows three arrows arranged in a circle, illustrating the continuous cycle of use and reuse of the earth’s limited resources. Executive Order 13101, issued September 14, 1998, requires every branch of the Executive Department to

develop and implement programs for environmental management and set up a system for recognizing people who have made significant contributions toward these goals.

Michael Redfern, of the Environmental Quality Branch of the Air Education and Training Command Civil Engineer Directorate, and John Wildie, Hazardous Materials/Waste Program Manager for the 12th Civil Engineer Squadron, were the two Randolph winners among twenty-six from eleven departments and agencies across the nation.

Mr. Redfern is recognized for his work as “Michael Recycle,” a superhero who encourages everyone to make recycling a part of their everyday life style. Beginning five years ago as a home-made office poster, his costumed character has developed into a fast-talking alter ego who visits schools and offices at all the AETC bases and also civilian



Michael Redfern

sites. He passes out “green” goodies, such as pencils and coloring books made from recycled materials to young children to raise their level of understanding about the value of recycling.

“Last year, AETC bases spent \$5.7 million disposing of 56,000 tons of solid wastes. Because of vigorous education programs, they also processed almost 50,000 tons of recyclable materials for \$2.9 million but received



John Wildie

more than \$1 million back in sales revenues,” said Mr. Redfern. “This works out to savings of more than \$2.1 million over what it would have cost the government if we did not have these programs.”

Mr. Wildie is recognized for his work in reducing hazardous wastes and protecting the environment here. As Hazardous Waste Program Manager, Mr. Wildie has consistently empha-

sized three principles for effective environmental stewardship: educate the people who generate the hazardous wastes, provide leadership that others can follow, and know the law.

Applying these principles in innovative ways, Mr. Wildie has saved the government more than \$150,000 in hazardous waste program operations costs over the past two years. He was able to achieve a 90 percent reduction in certain hazardous wastes and a 50 percent reduction in the costs of disposing the remainder. These efforts have significantly reduced the potential for violations of federal and state regulations.

Even though this award is for individual accomplishment, Mr. Wildie shares the glory.

“Environmental management is always a team effort,” he said. “The people on Randolph are ultimately the ones who implement and the ones who benefit from these programs.”

Be a survivor, have a designated driver



# Team Randolph quarterly award winners



**Officer Category**  
*Capt. Sean Hook*  
*558th Flying Training Squadron*



**Senior NCO Category**  
*Senior Master Sgt. Samuel Foster*  
*Air Force Personnel Center*



**NCO Category**  
*Tech. Sgt. Patrick Perry*  
*12th Security Forces Squadron*



**Airman Category**  
*Airman 1st Class Amy Humphreys*  
*Air Education and Training Command*



**Honor Guard NCO Category**  
*Staff Sgt. Quiltina Wright*  
*Air Force Personnel Center*



**Civilian - Senior Category**  
*William Edgar*  
*Air Force Personnel Center*



**Civilian - Intermediate Category**  
*Susie Parson*  
*12th Mission Support Squadron*



**Civilian - Junior Category**  
*Jeanette Haugen*  
*Air Force Personnel Center*



**Honor Guard Airman Category**  
*Airman 1st Class Joshua Bustos*  
*Defense Finance and Accounting Service*

Nine people were recognized as Team Randolph’s best May 1 at the quarterly awards luncheon in the enlisted club.

The quarterly awards luncheon recognizes the top performers among the host wing and all base tenant units.

The award recipients received various prizes from local community sponsors such as the Noncommissioned Officers Association, Air Force Sergeants Association, Randolph Chiefs’ Group, KB

Home, Army and Air Force Exchange Service, GEICO Insurance Company, the Military Service Organization, Eisenhower National Bank, Randolph-Brooks Federal Credit Union, Enlisted Wives’ Club, Officers’ Wives’ Club, First Command Financial Planning, Seguin Area Chamber of Commerce, Randolph Metrocom Chamber of Commerce, New Braunfels Chamber of Commerce, Canyon Lake Chamber of Commerce, and E.G. & G. Management Services.



# Inspection scheduled for next week

ORI continued from page 1

In addition to evaluations of individual units, the inspection also includes a test of the wing’s ability to deploy and conduct contingency operations.

“People could experience some delays at the gates and at certain base facilities when those operations are tested,” said Colonel Hernandez.

The colonel said the evaluation should be similar to the exercises the wing conducts on a regular basis. Public use of Eberle Park may also be limited; a portion of the exercises could impact that area.

The IG Work Center will be located in the fellowship area of the chapel annex from Sunday through May 20. People may call the chapel at 652-6121 to see if any chapel programs are affected.

Inspection information will be updated on the Commander’s Access Channel 21, for those living on base with cable service, and on the electronic marquee at the main gate.

The CSAI portion of the inspection “is an evaluation of base contractors’ ability to support the wing mission,” Colonel Hernandez said.

“It’s a separate inspection of how well non-government entities provide services under government contracts,” he said. “At the same time, the wing gets evaluated on our contract management as part of the ORI.”

The ORI and CSAI end with an out-brief May 20 at 3 p.m. in the base theater. Unfortunately, due to limited seating, only those with tickets will be allowed to attend the theater out-brief.

During the ORI, the uniform of the day for wing personnel is the Battle Dress Uniform and flight suits, unless official functions require another uniform, said Col. Daryl Hausmann, wing vice commander.

The inspector general uses a five-tier rating system-unsatisfactory, marginal, satisfactory, excellent and outstanding. The wing received an overall “Excellent” rating for its last ORI in October 2000 - the second highest rating a unit can receive.

Please contact Lt. Col. Hernandez at 652-6313 if you have any questions.



**Randolph exercise deployees “clear” their weapon during a receny deployment exercise here. The ability of the 12th Flying Training Wing to fulfill its worldwide deployment taskings is one of the areas expected to be evaluated by the Air Education and Training Command Inspector General during the Operational Readiness Inspection. (Photo by Patrick Campbell)**



# VWAP offers help to victims of crime

**By Minty Knighton**  
12th Flying Training Wing  
Public Affairs

Victims of crimes can now get assistance through the Victims Witness Assistance Program.

The VWAP council consists of base representatives from chaplain services, family advocacy, life skills, public affairs, family support center, special investigations, and law enforcement including Lackland Air Force Base 37th Security Forces Squadron confinement facility. Commanders and first sergeants are also key participants. The council informs victims and witnesses on all aspects of crime and about community outreach organizations.

Family advocacy, family support center and chaplain services work to lessen physical and psychological burdens. These organizations inform victims of emergency sources of care, including medical and social organizations and arrange reasonable protection for threatened victims and witnesses.

“We ensure that the victims are informed, treated with dignity and courtesy,” said Evelyn Mickles, VWAP coordinator.

Law enforcement agencies including prosecutors and victim advocates work to inform and consult on prosecutorial options and provide current status of criminal cases. These agencies coordinate with employers, if needed, and inform the victim of the process, witness fees and services

available. They also keep victims and witnesses informed of outcome of cases and the status of the offender.

“Prosecutors and victim advocates also protect victims’ personal privacy and secure property that is used for investigations,” said Ms. Mickles.

Commanders and first sergeants play an integial role in the program, said Ms. Mickles. First sergeants are responsible for referring victims and witnesses to the VWAP program. Commanders assist by informing the staff judge advocate about situations involving victims and witnesses who fear further threats.

Every effort must be made to minimize further trauma to victims, said Ms. Mickles.

“In an effort to gain stronger ties with agencies who assist victims and witnesses in the community, we recently held ‘A Link to Justice’ orientation program for community organizations,” said Ms. Mickles. “Several community organizations including local police departments attended the orientation on base to learn about the program and to offer their input.”

The program was a great success and the VWAP council looks forward to strengthening the link with the community, said Ms. Mickles.

“When we pool our resources the transitions for the victim is seamless,” she said.

For more information on VWAP, call Ms. Mickles at 652-3110 or Capt. Julie Storey at 652-2448.



**Col. James Clyburn**  
12th FTW Inspector General

**Building 100 (Taj Mahal)  
Room 203, Phone: 652-2727  
Fraud, Waste and Abuse  
Hotline: 652-3665**



**Senior Master Sgt.  
Glenda Solomon  
Superintendent  
Complaints and Inquiries**

The Air Force has a well-established complaint program, which allows you to present a complaint at any level in the Inspector General system. We are ready to help you quickly and fairly. No one may take action against you because you have complained. If you think someone has acted against you because you’ve complained, tell us!

Air Force Instruction 90-301 describes the IG Complaint Program, how to register a complaint, and to whom you should talk. Although you may speak to an IG at any level, experience has shown that those best equipped to resolve complaints are your commanders and supervisors. I encourage you to give them a chance to help.

The IG Complaint Program does not cover all areas of possible concern. Please use the following chart to determine where to seek help with matters covered by other programs. This is not all encompassing, so if you are uncertain about where to seek help, we will gladly assist you.

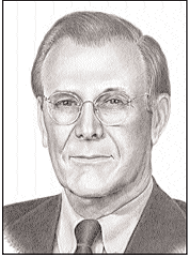
## U S A F COMPLAINT SYSTEM

TYPE OF COMPLAINT	REFERENCE	POINT OF CONTACT
Civilian Discrimination (Ethic, Gender, Religion)	AFI 36-1201	12th FTW/CCD
Civilian Employment and Equal Opportunity		12MSS/DPC
Appeal of an OPR or EPR	AFI 36-2401	12MSS/DPMPEA
Correction of Military Records	AFI 36-2603	12MSS/DPMPS
Military Equal Opportunity and Treatment	AFI 36-2706	12FTW/ME
Private Indebtedness	AFI 36-2906	Unit commander
Support of Dependents	AFI 36-2908	Unit commander
Administrative Separations (Officer)	AFI 36-3206	12MSS/DPMARS
Administrative Separations (Enlisted)	AFI 36-3208	12MSS/DPMARS
Claims against the Government	AFI 51-501	12FTW/JA
Punishment under the UCMJ	AFI 51-202	12FTW/JA
Hazardous Working Conditions	AFI 91-302	12FTW/SE



# America at War

*“In previous periods we’ve worried about relatively conventional weapons killing hundreds or thousands of people; with chemical and biological and potentially nuclear weapons, there’s the risk of killing tens of thousands of people and hundreds of thousands of people.”*



**Secretary of Defense Donald Rumsfeld**  
Town hall Meeting, May 2003

**Randolph supports global mission**  
As of Monday, 157 Team Randolph members are deployed in support of military operations around the globe.

**Smallpox Immunization Program**  
**By Gerry J. Gilmore**  
American Forces Press Service

WASHINGTON - DoD’s smallpox immunization program for service members “has been a real success,” DoD’s senior medical official declared.  
The department has vaccinated more than 400,000 service members against smallpox since the program began on Dec. 13, 2002. Only 18 troops developed serious complications from the shot, and no deaths have resulted from vaccination,

Dr. William Winkenwerder Jr., assistant secretary of defense for health affairs, told Pentagon reporters here April 29.  
“We believe the program has been a real success and our experience would support that conclusion,” Winkenwerker remarked, noting that DoD’s military vaccine office has worked closely with the services’ medical departments.  
DoD’s experience with the vaccine, he said, has been documented in a report submitted to a leading U.S. medical journal slated for eventual publication.  
That report, Winkenwerder explained, “will describe adverse event rates that are lower than (those that) have been seen historically.”  
He pointed out there have been “no deaths” attributable to administering the smallpox vaccine to the military.  
Winkenwerder did cite a case where a 55-year-old National Guardsman had died of a heart attack five days after receiving the smallpox vaccine.  
However, a review of the guardsman’s medical history and a post-mortem examination determined that service member already had “significant heart disease,” he noted.  
The conclusion, Winkenwerder emphasized, was that the Guardsman’s death “was not related to the vaccine.”  
Statistically, “some proportion” of any given group of people is “going to have a heart attack,” he said. And in that group will be people who’ve received vaccines - including smallpox - even though their heart attacks are unrelated to the vaccines, he concluded.

**Bush Appoints State Department Official to Administer Iraq**  
**By Kathleen T. Rhem**  
American Forces Press Service

WASHINGTON - President Bush announced today he has appointed a State Department counterterrorism expert to administer Iraq.

L. Paul Bremer III will serve as civil administrator of post-war Iraq, Bush said during brief remarks at the White House today. He said Bremer is a man of “enormous experience” and called Bremer a “can-do person.” Bremer, a former ambassador and head of the State Department’s counterterrorism efforts, will oversee all civil matters in Iraq. Retired Army Gen. Jay Garner, currently the highest-ranking American official in Iraq, will report to Bremer. Garner is the head of the Office of Reconstruction and Humanitarian Assistance. Both will report to the secretary of defense.  
“He shares the same values as ... most Americans share,” Bush said of Bremer, “and that is our deep desire to have an orderly country in Iraq that is free and at peace, where the average citizen has a chance to achieve his or her dreams.”  
Earlier, at the State Department, Secretary of State Colin Powell announced that Poland will play a larger role in humanitarian assistance in Iraq.  
“The Polish people have been good friends to the United States (and), more importantly, good friends to the people of Iraq, willing to join a coalition that liberated the people of Iraq,” Powell said during a joint press conference with Polish Foreign Minister Wlodzimierz Cimoszewicz.  
The minister said his country is ready to participate in stabilization efforts and that success or failure in these efforts “will have broad consequences, international consequences.”  
He also said success depends on getting as many foreign partners as possible to work toward the common goal of a stable Iraq. “To much extent, our common success will depend on that,” Cimoszewicz said.

HOMELAND  
SECURITY  
ADVISORY SYSTEM

Source: [www.whitehouse.gov](http://www.whitehouse.gov)

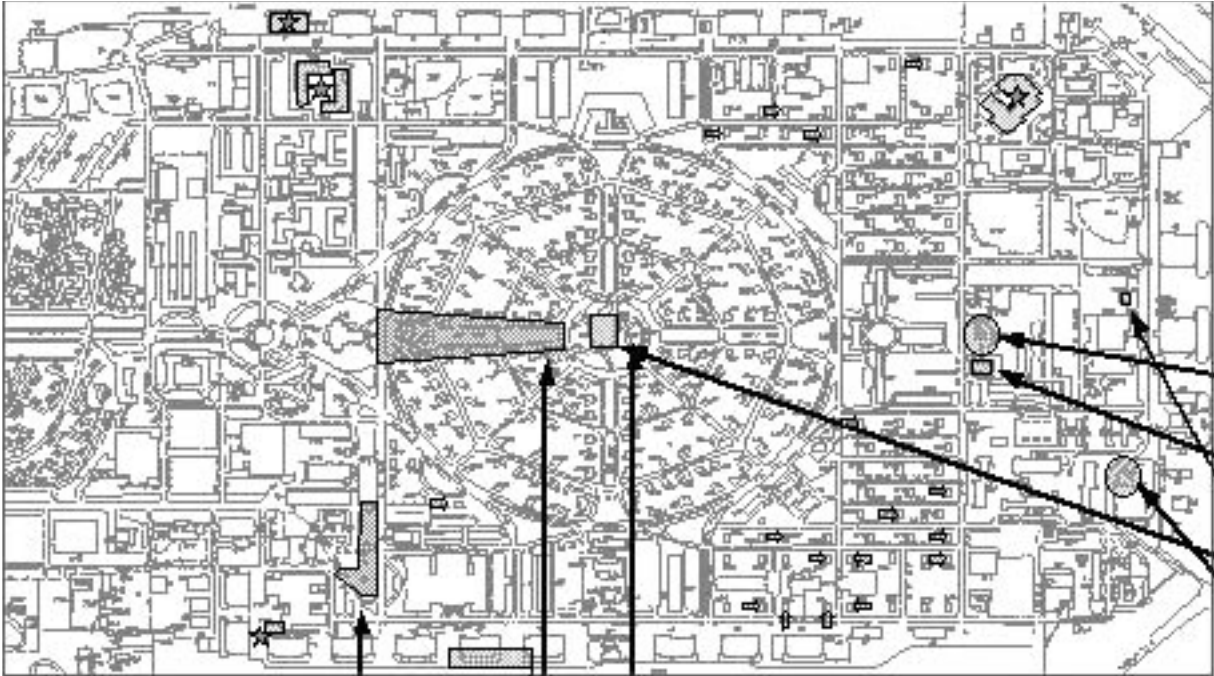
**ELEVATED**

SIGNIFICANT RISK OF  
TERRORIST ATTACKS

CURRENT NATIONWIDE THREAT LEVEL

*Vigilance by all is the best defense at home*





Phase II of base wide stripping continues following the below schedule:  
Building 241: Today  
Building 663: Today through Tuesday  
Building 468: Monday  
Building 499: Tuesday  
Building 1040: Wednesday through Thursday

Center Pool: Pool repair complete; Bathhouse repair finishes next week; Landscape to finish May 22

North Park Road repaving project: Phase I is underway, estimated to end in July then Phase II starts in August. Estimated completion date is September.

Parking on flightline side of Hangar 71 and between Hangar 70 and Hangar 71 will be restricted Thursday through May 30 for installation of chilled water lines. Estimated completion date is May 30



Roof repairs continue around base. The NAV Dorms, Building 393 and 394, completion dates have been extended to June 6. Hangar 3, Building 245 and Building 743 are scheduled through July 14.

Dumpster pads are to be installed through May 16. Minimal parking will be affected at the following facilities:  
Building 220    Building 243    Building 903  
Building 907    Building 22    Building 2153

South Pool is under repair for leaks. Estimated completion date is May 16.

Chapel Annex: Painting and rebuilding parking lots from May 19 through July 19.  
Painting will be accomplished at Building 500 and 992 through July 15.

South Water Tower being repainted with an estimated completion date of June 7.

Roof replacement to Military Family Housing units is ongoing through January 2004. Notices have been issued to tenants. The following units will be affected: Building 476, 590, 596, 597, 687, 692, 695, 696, 698, 728, 800, 821, 824, 832, 833, 839, 842



# Survey will help servicemembers, families

**Staff Sgt. C. Todd Lopez**  
Air Force Print News

WASHINGTON — A survey designed to gauge the Air Force’s success in building communities is set for distribution in early April.

The 2003 Community Assessment Survey will be sent out servicewide, said the Air Force’s director of family advocacy research and the project officer for the survey. He added that the Air Force will use the survey results to learn how to help its people better.

“We want to find out what people really need and what would help them make their communities and their lives in the Air Force better,” said Maj. Jim Whitworth. “The assessment goes out to active-duty members and to their spouses as well as some Reserve members and spouses.”

Variations of the assessment have been conducted once every 24 to 30 months since 1993. This year, the total number of people who will be asked to take the assessment is around 1,800 at each of 85 Air Force installations worldwide. Those

taking the survey will be randomly chosen, and the survey is completely anonymous.

Questions on the assessment, said Major Whitworth, cover basic needs by asking about “key areas necessary for building strong communities.”

“These areas include a person’s sense of community, family adaptation, safety, spiritual well-being, health and well-being, economic well-being and preparedness,” he said.

Questions on the assessment ask about the availability of community resources and about how connected, or a part of the community, people feel they are. For example, one question asks if people feel there are enough places on their installation to spend time with co-workers after duty hours. Another asks about relationships with supervisors.

Assessment results, said Major Whitworth, will not fall on deaf ears. In fact, bases have used past results to make changes in the services they provide on base and even in the services and options available to people off base.

“There was one (installation) where they

identified that spouse employment was a real problem,” said Major Whitworth. “The spouses had indicated on the community assessment that there were just no jobs, and so the base leadership was able to target that issue. The installation was able to get some businesses to relocate to (its) installation and as a result there was a 15 percent increase in spouse employment from one assessment to the next.”

Major Whitworth said the key to the success of the assessments is that Air Force leaders will be better able to help their people help themselves.

“We’ve found the most powerful way to help people is to help their informal networks — to help people to establish more and better friendships, to help them to get to know their neighbors and get involved in their community,” said Major Whitworth.

For example, he said, an Air Force community in Germany used the survey to help alleviate the isolation of younger, enlisted families who lived in apartment-style homes.

“What the team did was to set up picnics and other activities in the stairways and in

the hallways of those apartment buildings,” he said. “That solution helped create more friendships among the people who lived there.”

Active-duty people will be notified by e-mail, while spouses will be notified by postal mail. Airmen can complete the assessment on a designated Web site, while spouses have the option of completing it on paper. The effectiveness of the assessment depends totally on participants’ willingness to accurately complete it, Whitworth said. It is designed to take less than 20 minutes to complete.

“Our goal is to make improvements in building stronger communities without guessing, so we need to know people’s thoughts and needs,” he said. “If people don’t tell us what they need or identify areas where we can improve or what the problems are, it will be much harder to reach our goal. We urge all active duty and family members who receive these assessments to take the time to complete the assessment and to help us strengthen our Air Force communities. This assessment is their chance to do that.”

## Top 10 reasons to buckle up



**10** - My car doesn't have an ejectable canopy.

**9** - Lying in a hospital for months is not my idea of a vacation.

**8** - Steering wheels don't make good pillows.

**7** - I never aspired to be a hood ornament.

**6** - A wheelchair is not my idea of a hot set of wheels.

**5** - I always wanted to fly, but not into a tree.

**4** - Tombstones are not the best way to get the last word.

**3** - I always hated statistics. The last thing I'd want is to be one.

**2** - I faint at the sight of blood, especially my own.

**1** - My family needs me.

Traffic Safety humor courtesy of the AAA Foundation for Traffic Safety. <http://www.charlottenow.com/sponsors/fridaylog.shtml>.



# Heart Link offers spouses support

By Jennifer Valentin  
Wingspread staff writer

Heart Link, a newcomer program for spouses, is scheduled for May 22 from 9 a.m. to 2 p.m. at the family support center.

All spouses who have arrived at the base within the last six months are encouraged to attend, said Charlotte Noll, career focus program manager. Spouses who have never attended are also invited, regardless of their arrival date.

“We recognize moving to a new base is stressful,” said Ms. Noll. “Attending Heart Link is a great way to get needed information and meet the staff that can help you through the transition.”

The program is designed to provide valuable information about the military and Randolph through fun-filled interactive games, table-top shopping and short briefings from various family-oriented agencies on base, said Ms. Noll.

“This event is especially relevant

to those who are new to the military, but can be useful for those who already are familiar with the military,” said Ms. Noll. “Heart Link is a great way for spouses to make new friends and renew old acquaintances.”

The program is a way to ensure military spouses have the information they need to feel at home and settle on or off base.

A continental breakfast and light lunch will be offered, as well as door prizes. Free childcare is also available through the family day care program.

“Attending Heart Link helped me realize that I am not alone in facing the challenges that a military spouse has to face,” said Joy Lise Steuer. “Heart Link gave me a sense of home here at Randolph and I think it is one of the first things every spouse should do when they come to a new base.”

For more information on Heart Link, to sign up for childcare or to register, call 652-5321.



## Asian Pacific American Heritage Month

Airman 1st Class Kristine Manuel,  
Air Force Occupational Measurement Squadron

**Why is it important to you to be a part of the Asian Pacific American Heritage Month?**

*“Being part of the Asian Pacific American Heritage Month is important to me because I get to express and share my culture with others. Also, I get to learn more about my own heritage and others as well.”* (Photo by Jennifer Valentin)



# EDUCATION

*Go get it*



# Eberle Park fun for all ages

**By Jennifer Valentin**  
Wingspread staff writer

Open from sunrise to sundown, Eberle Park is an area for base families and friends to have a picnic and participate in outdoor activities.

The park has picnic tables, pavilions, children's play equipment, a volleyball court, horseshoe pits, basketball goals, a serving house and an enclosed grill house.

Pavilions can be rented for \$20, the grill house and serving house can be rented for \$10 each. The park, including all facilities, is available for \$35.

Reservations should be made through the equipment checkout office. Active duty military assigned to Randolph are authorized to make reservations six months in advance. All other eligible personnel are allowed to make reservations 30 days in advance.

Equipment checkout office hours are Monday from 7:30 a.m. to 4:30 p.m., Tuesday through Friday from 9 a.m. to 5 p.m. and Saturday, from May to September, 9 a.m. to 1 p.m.

Eberle Park is located on East Perimeter Road past the Randolph Hunt and Saddle Club.

For more information, call equipment rental at 652-3702.



**Eberle Park has children's play equipment, picnic tables, pavilions, a volleyball court, horseshoe pits, basketball goals, a serving house and an enclosed grill house. (Photo by Jennifer Valentin)**

## Four AETC club members win vacations

Four Air Education and Training Command club members each won a \$3,500 grand prize in the Premier Vacation program.

Lt. Gen. John D. Hopper Jr., AETC vice commander, recently drew the names from semi-finalist entry forms forwarded from AETC bases.

The winners are: Col. Philip Curtis, Lackland Air Force Base Officers' Club, Lackland AFB, Texas; retired Col. Billy A. McLeod, Columbus Collocated Club, Columbus AFB, Miss.; Nancy Fugate, Randolph Enlisted Club, Randolph AFB; and retired Maj. Galen Rosenow, Randolph Officers' Club, Randolph AFB.

The program's purpose is to thank current club members for their loyalty, said John Hanna, AETC Services Club Operations specialist.

"The grand prize gives members the opportunity to design their own dream vacation," Mr. Hanna said. "The winners will work with their installation's information, tickets and travel office to design a custom vacation, traveling when and where they want to go. The winner simply uses the \$3,500 voucher to cover the costs."

Vacations can include a cruise or other vacation package, air travel, hotels, rental cars and admissions to parks and resorts.

To enter, current AETC club members received an entry form from their installation's club food operation cashier when they made purchases of \$2 or more. The program, which began in February and ended in March, is part of a series of member appreciation programs for club members at AETC bases. (AETCNS)



**Lt. Gen. John D. Hopper Jr. (left), Air Education and Training Command vice commander, draws one of the two grand-prize winners of the Premier Vacation program while Col. Michael Pachuta, AETC Services director, holds the drawing box. (U.S. Air Force photo by John Franklin)**



# Base offers monthly activities



## Military Spouse and Armed Forces Appreciation Day

In honor of Military Spouse Day and Armed Forces Appreciation Day the skills development center will be presenting one winner with a free instructional class of their choice. The drawing is open through May 18, and the winner will be picked May 19.

For more information, call 652-5142.

## Stay in Shape in Every State

Start a journey to better health this month by traveling through every state. Stop by the fitness center and check out the Stay in Shape in Every State program.

For more information, call 652-2052.

## Canyon Lake diving trip

The Canyon Lake Outdoor Recreation invites all certified scuba divers to sign up for the new Saturday Canyon Lake dive trips. It will consist of a two-tank dive at one of the known diving sites on Canyon Lake. All divers must provide required equipment, including a valid certification ‘C’ card. Seats are limited to eight divers per trip. The price is \$45. The boat will depart from the Marina at 9 a.m. and return at 3 p.m.

For more information, call 1-800-280-3466.

## Sunset cruise

Outdoor recreation at Canyon Lake invites visitors to enjoy a sunset cruise on the lake, departing the marina Saturday, one hour prior to sunset and continuing until conclusion. The cruise takes place every Saturday and is \$3 per person or \$5 per couple.

For more information, call Canyon Lake at 1-800-280-3466.

## Texas Treasure Casino Tour

Sign up for the Texas Treasure Casino Tour Saturday, departing at 7:30 a.m. and returning at 8:30 p.m. The tour price is \$25 per person.

The next tour date is June 21.

Call 652-2301 for more information.

## Family fishing contest

A family fishing contest will be held Sunday from 8:30 a.m. to 2 p.m. at Canyon Lake on the marina fishing pier.

For more information, call 1-800-280-3466.

## Comal River night dive

Participation is limited to 15 divers/non-divers, so reserve early. All participants will be responsible for providing the required equipment and a valid certification “C” card. Price for divers is \$30 and for snorkelers is \$15. The trip will leave equipment rental May 18 at 6:30 p.m. and return at 10:30 p.m.

For more information, call 1-800-280-3466.

## Pool passes

Season pool passes will go on sale May 19 at outdoor recreation.

The cost is \$25 per person and \$75 per family. Daily admission is \$2 per person.

For more information, call 652-3702.

## Boating safety course

A boating safety course is offered by outdoor recreation the first and third Wednesdays of the month at 6 p.m. in building 897. This course is required before rental of a pontoon, bass and ski boats at Randolph’s Off Base Recreation Area.

Call 652-3702 to register for the course.

## Chili cook off

A chili cook off is May 25 at Canyon

Lake starting at 8 a.m. Judging starts at 1 p.m. An entry fee of \$10 is required.

Call 1-800-280-3468 for more information.

## Palo Duro Canyon

A Texas legacy brings its stories to life in a theatrical production. The cost includes a back stage tour, two nights accommodations, a tour of the Panhandle Plains Museum, Cadillac Ranch and the Cal Farley’s Boys Ranch. A cowboy breakfast, and steak dinner at the Big Tex Steak House is also included. The motor coach will depart Randolph June 6 at 7:30 a.m. and return June 8 at approximately 8 p.m. The cost is \$275 per person for double occupancy and \$305 for single occupancy.

## Corpus trip

See warbird displays and a flight simulator. Visit the USS Lexington and the Texas State Aquarium. The motor coach will depart Randolph at 7 a.m. June 13 and return at approximately 8:30 p.m. The cost is \$45 per person.

## Kinder gambling trip

Join others for a trip to the Grand Casino Coshatta in Kinder, LA., June 10-11. The cost is \$35 per person, double occupancy, and the package includes roundtrip motor-coach transportation, hotel accommodations, continental breakfast, dinner buffet at the casino and a tour guide.

## Planning a vacation?

Stop by ITT and check out the Armed Forces Vacation Club or visit [www.afv-club.com](http://www.afv-club.com) and browse the hundreds of properties that are available. Seven nights in a resort anywhere in the world for \$249 per unit per week available to all military and most DOD personnel. Armed Forces Vacation Club is a Space Available program that offers Department of Defense affiliated personnel the opportunity to take affordable condominium vacations at resorts around the world.

## May Calendar

**Through May 31** Stay in Shape in Every State, Fitness Center

**Today** Texas Armed Forces Skeet Shoot, 8 a.m., Skeet Range  
Rob Carter, 6:30 p.m.-10:30 p.m., Sky Lounge, Officers’ Club  
Family Child Care Providers Banquet, 6:30 p.m., Child Development Center

**Saturday** Diving Trip, 9 a.m., Canyon Lake

**Saturday** Aerobathon, 10 a.m. - 1 p.m., Fitness Center

**Sunday** Family Fishing Contest, 8:30 a.m., Canyon Lake

**Tuesday** Parent Advisory Board Meeting, 11:30 a.m., Child Development Center

### Airmen’s Dining Facility

Building 860 — 652-5533  
Recorded Menu 652-MEAL (6325)

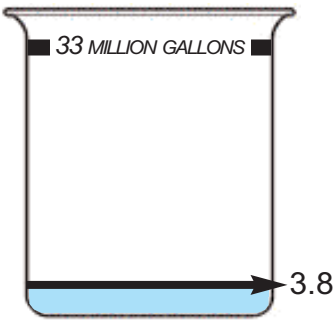
**Weekday meals:**  
5:45 a.m. - 7:45 a.m. Breakfast  
10:30 a.m. - 1 p.m. Lunch  
4:30 p.m. - 6:30 p.m. Dinner

7 p.m. - 8 p.m. Carry out  
  
**Weekends and Holidays:**  
8 a.m. - 1 p.m. Brunch  
4 p.m. - 6 p.m. Dinner  
No carry out

# Water Matters

## Randolph is in Water Conservation Stage *NORMAL*

- The conservation rules for stage "Normal" are published each week on the Wingspread's Water Matters page. The restrictions are:
- Any action resulting in wasted water is prohibited.
  - Landscape watering is allowed two days per week, but is prohibited between 10 a.m. and 6 p.m. Even numbered street addresses can water Saturday and Tuesday and odd-numbered street addresses not building numbers can water Sunday and Wednesday.
  - Washing and rinsing of driveways, streets and sidewalks is prohibited (except as approved for health/safety reasons).
  - Washing POVs is allowed anytime. However, a nozzle must be used to conserve water. Charity car washes are prohibited.



Call the Water Abuse Hotline at 652-3788 for information and to report abuses.

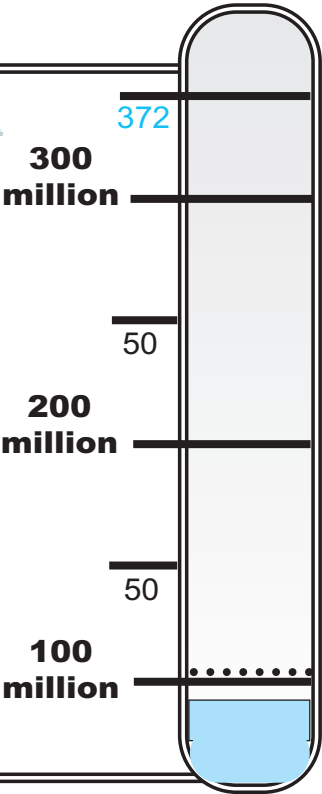
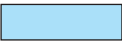
Source: 12th Civil Engineer Squadron

Randolph's water consumption limit for the month of May is 33 million gallons.

Randolph's actual water consumption for May (as of May 4) was 3.8 million gallons.

Year-to-date limit: 104.2 million gallons

Actual year-to-date usage: 82.2 million gallons





# Pin honors parents, bolsters support

**By Staff Sgt. C. Todd Lopez**  
Air Force Print News

A new program will help airmen honor those who are often their biggest supporters — their parents.

All uniformed airmen can now sign their parents up to receive a new lapel pin. The pins are about three-fourths inch square and feature a silver letter “P” cradled within the Air Force symbol.

A personalized letter to the parents from Secretary of the Air Force Dr. James G. Roche and Air Force Chief of Staff Gen. John P. Jumper will accompany the pins.

“We could not protect America’s freedom without the incredible people who are willing to carry on the Air Force tradition,” the letter reads. “As the proud parents of one of those airmen, your support continues to be critical to our ongoing efforts and makes a real difference to our country.” “This is a way to build and maintain public support for the global war on terrorism,” said Brig. Gen. Edward Tonini, director of Your Guardians of Freedom, the Pentagon office

responsible for the parent pin effort. “Demographically, the people most likely to wear the pin with the greatest amount of pride — to church, to Rotary Club meetings or to the grocery store — are our parents.

“By wearing this pin, parents will let you know of the pride they have in you,” Tonini said. “When they wear that pin out, their friends will ask about it. Your parents will tell them about you and your service, and how proud they are of you.”

Those who would like their parents to receive a pin can sign up at the Your Guardians of Freedom Web site at <http://www.yourguardiansoffreedom.com>. Signing up will require airmen to enter the names and addresses of up to two parents or parental figures, Tonini said. The program is voluntary and comes at no cost to those participating.

The distribution of the parent pin and accompanying letters is the second major effort by the relatively new Your Guardians of Freedom office. The first was the employer pin campaign, started in November 2002, in which pins featuring an “E” and personalized letters are sent to the civilian

employers of Air National guardsmen and reservists.

Both pin programs are contemporary adaptations of public support campaigns carried out during World War II. The Your Guardians of Freedom program is designed to continue those traditions by ensuring the continued support of Air Force activities by those who do not wear the blue uniform, but stand behind those who do, Tonini said.

“Your Guardians of Freedom is an outreach program targeted at what we consider the core constituencies that the Air Force requires to do its work,” Tonini said. “If we are going to keep people in the Air Force ... we need programs targeted at their families ... and their extended families. In the case of the Reserve and Guard, that also includes civilian employers.”

The employer pin program is ongoing, and reservists and guardsmen can still sign their employers up at the Your Guardians of Freedom Web site.

“In the Air Force, we tend to use the term ‘force multiplier,’” Tonini said. “These programs aren’t force multipliers, but rather, support multipliers all around the country.”

# Randolph Community Bulletin Board



## Miscellaneous Community Notes

### Volunteers recognized

The 12th Flying Training Wing recognizes the following people for their volunteer support of the base community relations program by serving as speakers and tour guides during April.

Speaker: Capt. Hazel Synco, 12th Flying Training Wing  
Tour Escorts: Tech. Sgt. Tina Wallace, Air Force Personnel Center; Tech. Sgt. Frank Rodriguez, Air Education and Training Command; Staff Sgt. Brande Barkley, 12 FTW; Airman 1st Class Melissa Mintern, AFPC; Airman 1st Class Theresa Morgan, 12 FTW; Airman 1st Class George Wild, 12 FTW.

For more information or to volunteer for any of these programs, call the community relations section of the wing public affairs office at 652-4407.

### Saturday vet clinic

The Randolph Vet Clinic is holding a Saturday clinic May 17 from 9 a.m. to 1 p.m. Visits are by appointment only. For more information or to sign up, call 652-3190.

### AFSA meeting

The Air Force Sergeants Association Chapters 1075 and 1075A will hold their monthly general membership meeting Tuesday at 7 p.m. in the enlisted club. For more information, call Tech. Sgt. James Wall at 565-3449.

### CGOC meeting

The Company Grade Officers' Council will hold a meeting May 16 at 3:30 p.m. in the officers' club. For more information, call 2nd Lt. Andrea Spencer at 652-7021.

### NCOA meeting

The Taj Mahal Chapter of the Non Commissioned Officers Association will have their monthly meeting May 21 at 4 p.m. in the enlisted club traditions room. Enlisted or retired enlisted members are invited. Officer elections will take place. The cut-off date for nominations is today by close of business. For information on voting for officers, running for a position or nominating someone, call Senior Master Sgt. Roberta Wyrick at 652-3458.

### AFWay satellite user training

A satellite broadcast training session on Air Force Way will take place May 20 from noon to 2 p.m. in the education center, room 27. AFWay is a web-based product procurement system that consolidates various contracts. Attendance is limited to 25 people, on a first come, first serve basis. For more information, call Master Sgt. Tony Ginn at 652-5939.

### Credit by Exam registration

The Randolph Field Independent School District will offer credit by examination June 10-12 for students who have not had prior instruction for grades one through 12. Parents wishing to consider having their child tested must call their child's counselor before May 21.

### Home Alone training

The Home Alone training program is one-hour of training, designed to prepare children ages 6-12 for when they are left unattended in base quarters for short periods of time. The next training is Thursday from 5-6 p.m. in the family support center. Children and parents must attend together. For more information, call 652-6308.

### Military families saluted

Military families will have the opportunity to receive free tickets vouchers for the upcoming San Antonio Missions baseball game Monday. Military families will receive a dollar discount for the Armed Forces Day game May 17, by presenting a proof of purchase seal from any Kraft product. There is also a youth essay contest, with a prize of three \$1,000 U.S. Savings Bonds to be awarded. Children can also have the opportunity to be selected as an honorary bat boy. For more information on the upcoming games, to enter the essay contest or for the chance to be a bat boy, call 652-2052.



Building 693

## Family Support Center

Telephone: 652-5321

### Waiting families support group

Learn about the family support center programs, including hearts apart, video teleconferencing and car care, at the Waiting Families Support Group Monday from 5:30-7 p.m. For more information, call 652-5321.

### Moms, Pops and Tots

Moms, Pops and Tots is an educational and play group for children 5 and under. They meet Thursday from 10-11:30 a.m. at the chapel center. For more information, call 652-5321.

### Airmen's Attic

The airmen's attic is open for donations of clothing, furniture and other various household items, Monday through Thursday from 8 a.m. to 4 p.m. and Friday from 8 a.m. to noon. A large item pick-up service is available Wednesdays. Donations are only accepted in ready-to-use and working condition, to reduce expense of the families that will receive the items. Donation receipts are provided upon request. Do not leave donations outside the building. This violates Air Force security regulations and is unsightly. For more information, call 652-3060.



Building 208

## Education Services

Telephone: 652-5964

### AMU

American Military University now has a field representative in San Antonio available to answer questions and provide educational information. Retired Army Sgt. Maj. Willie Cruz will be available at Randolph the first and third Fridays of this month from 9 a.m. to 3 p.m. in the education office. He can be reached at 789-5080.

### St. Mary's University

The Randolph office will be closed Thursday through May 21. St. Mary's Graduate School extends partial tuition grant to active duty military, Department of Defense employees, military retirees and their spouses. For more information regarding programs and availability, or to schedule an appointment, call 652-5964. Summer Term I begins May 28. Term dates for Term I are May 28 through July 2. Students interested in attending Term I should before May 22. Late registration begins May 28. Term II graduate classes begin June 30 at Randolph and July 7 on the main campus. A partial tuition grant is available to qualified students. For more information, call 658-4852.

### Tuition assistance

Appropriated-fund civilians working for the Air Education and Training Command can now receive financial support for higher education under the Civilian Tuition Assistance Program. Command officials recently created this program in response to future mission needs, workforce shaping, recruitment and retention initiatives. The CTAP will fund 75 percent of tuition costs, not to exceed \$187.50 per semester hour or \$124.50 per quarter hour. There is a cap of \$3,500 per year per student, dependent on availability of funds. The tuition assistance program is limited to instructional costs and laboratory fees. Books and other fees will be the responsibility of the student. Participants may not be receiving support from any other sources such as the GI Bill, Veterans' Administration or career programs. Agreements must be signed to satisfactorily complete the courses or pay back the tuition. Courses will be attended during non-duty hours. For more information, call 652-5964.



Building 102

## Chapel Services

Telephone: 652-6121

### Protestant

**Friday**-Mother/Daughter Banquet at 6:30 p.m. in the officers' club  
**Sunday**-Children's Choir Program at 8:30 a.m. in Chapel 1; Liturgical at 10 a.m. in Chapel 1; Children's Choir Program at 11:30 a.m. in Chapel 1; Gospel at 1 p.m. in Chapel 1  
**Monday**-Male Chorus at 7 p.m. in Chapel 1  
**Wednesday**-Gospel Choir at 7 p.m. in Chapel 1  
**Thursday**-Children's Choir at 5:15 p.m. in Chapel 1; Chancel Choir at 7 p.m. in Chapel 1

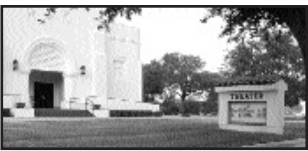
### Catholic

**Friday**-Rosary at 11:10 a.m. in Chapel 1; Mass at 11:30 a.m. in Chapel 1  
**Sunday**-Mass at 8:30 a.m., 10 a.m. and 11:30 a.m. in Chapel 2  
**Monday**-Rosary at 11:10 a.m. in Chapel 1; Mass at 11:30 a.m. in Chapel 1  
**Tuesday**-Rosary at 11:10 a.m. in Chapel 1; Mass at 11:30 a.m. in Chapel 1; Contemporary Teen and Adult Choir at 6:30 p.m. in Chapel 2; Rite of Christian Initiation for Adults at 7 p.m. in Chapel 1  
**Wednesday**-Rosary at 11:10 a.m. in Chapel 1; Mass at 11:30 a.m. in Chapel 1  
**Thursday**-Rosary at 11:10 a.m. in Chapel 1; Mass at 11:30 a.m. in Chapel 1

### Ecumenical

**Wednesday**-Christian Youth of the Chapel Bible Study at 7:30 p.m. in Chapel 2

There will be no meetings or activities held in the chapel center through May 23 due to the Operational Readiness Inspection. For more information, call 652-6121. For information on where a certain program will be held, call the respective program leader.



Building 100

## Movies

Telephone: 652-3278

Admission at the base theater is \$2 for adults and \$1.50 for children unless otherwise noted.

Today  
    **"Bringing Down the House"** (PG-13), 7 p.m. Starring Queen Latifah. A lonely guy meets a woman on-line who breaks out of jail to meet him, and wreaks havoc on his life.  
Saturday and Sunday  
    Free screenings  
    **"Daddy Day Care"** (PG), 2 p.m. Starring Eddie Murphy. After a father loses his job, he and some friends open up a day care. Tickets are available at the BX and Burger King. Fifteen minutes before the show, tickets are not needed and seating is first come, first available. One hour before the screening Sunday, Jazz artist Shaakir will perform a free Mother's Day concert. Tickets for the movie are accepted for the concert as well.  
Saturday  
    **"The Core"** (PG-13), 7 p.m. Starring Aaron Eckhart. A geophysicist has to stop an unknown force that is stopping the Earth's core from rotating.  
Sunday  
    **"The Core"** (PG-13), 7 p.m. Starring Aaron Eckhart.  
May 16  
    **"Gangs of New York"** (R), 7 p.m. Starring Leonardo DiCaprio. Set in New York in the 1800s, a man seeks justice against the man who killed his father.  
May 17  
    **"What a Girl Wants"** (PG), 2 p.m. Starring Amanda Bynes. A 19 year-old raised in New York by her mother searches for her British father in London.  
    **"Chicago"** (PG-13), 7 p.m. Starring Richard Gere. Set in the 1920s, two chorus girls in jail for murder try to use that time to gain exposure and become popular with the media.  
May 18  
    **"Chicago"** (PG-13), 7 p.m. Starring Richard Gere.





Jesus Lopez, lead firefighter, organizes the logistics supply room in the Randolph Fire Station. (Photo by Jennifer Valentin)

# Prevent fire hazards

## Spring cleaning made safe

By Jennifer Valentin  
Wingspread staff writer

Spring is a time when cleaning should be high on the list of things to do, and the Randolph Fire Department offers tips on how to clean safely and avoid clutter which can cause fires.

“Soon people will be straightening up and getting rid of excess storage items,” said Alan Donoho, fire inspector. “When getting rid of items, play it safe and remove and dispose of them properly.”

Another good rule to remember is that poor housekeeping conditions can contribute to the causes of fire, said Mr. Donoho. Removing items that are no longer needed in a building or home is a good way to eliminate the possibility of fire hazards.

Another thing to remember is the height of the items being stored, said Mr. Donoho. If they are too close to the building’s fire sprinkler and detection system, for example, they will impede the system’s operation.

Some examples of flammable items in the office include cardboard boxes, trash and paper items such as printer paper, files or books. Paper and other items should be kept tidy and orderly to prevent clutter.

“People should also be careful when using extension cords, which could possibly be a source of trouble,” said Mr. Donoho. “Never exceed the load that is allowed on the cord. Appliances in the home such as coffee pots or blowdryers, for example, can be easily forgotten and be a fire hazard.”

For more information on safe spring cleaning, call 652-6915.

# Yard of the month

## Base announces winners

### East Wherry

Senior Airman Tracey Human	Winner
Airman 1st Class Justin Lord	Runner-Up

### West Wherry

Staff Sgt. Keith Crowder	Winner
Staff Sgt. Darren Briggs	Runner-Up

### Townhouses

Master Sgt. Randy Mitchell	Winner
Capt. Michael Vaughn	Runner-Up

### Duplex Housing

Tech. Sgt. Janet Awaldt	Winner
Chief Master Sgt. Kent Uphoff	Runner-Up

### Circle Housing

Maj. Gary Foster	Winner
Col. Joseph Mazzola	Runner-Up

## Base pools opening soon

**By Jennifer Valentin**

Wingspread staff writer

Just in time for summer, the base pools will be opening soon.

The pools are scheduled to open in late May. The Center Pool opens May 24 from 1-6 p.m. and the South Pool will open May 27 from 11 a.m. to 1 p.m. for lap swimming.

Classes will be held for everyone from beginners to experienced swimmers.

The Parent - Child 6 Months to Three Years class has no requirements.

The Preschool Four to Five Years class allows five students per class and has no requirements.

The Introductory to Level One class allows ten students per class, and is for children with little or no experience in the water, or with a fear of the water.

The Level Two class allows ten students per class. The students must have minimal knowledge of beginner swimming skills, such as putting their face in the water.

The Level Three class allows ten students. Students must have a better knowledge of the water and swimming, including floating on their back unsupported.

The Level Four class allows 10 students per class. The students need to know such skills as the backstroke kick and front and back glides.

The Level Five class also allows ten students per class. Students must know how to swim very well, including doing backstrokes, breaststrokes

and scissor kicks.

All of the classes are held at the South Pool. Times for the registration and the swimming classes will be announced at a later date.

Swimming classes are offered to dependents of active duty, Department of Defense personnel and retirees. Dependents must be three years old or older the first day of class, and they must meet the requirements for the class they want to attend. Students need to bring proof of their birthday when registering.

Swimming lessons with a pool pass cost \$25 and swimming lessons without a pool pass cost \$50. Pool passes are \$2 per day, \$25 for an individual pass or \$75 for a family pass. TDY personnel assigned to Randolph for less than 30 days have free swimming privileges. Home base season passes are honored.

The Center Pool is open Tuesday through Friday from 1-7 p.m. for swimming; Saturdays, Sundays and holidays from 1-6 p.m. for swimming; and Tuesdays and Thursdays from 10-11 a.m. for water aerobics and physical therapy.

The South Pool is open Mondays through Fridays from 8-11 a.m. for lessons, beginning June 23; 11 a.m. to 1 p.m. for lap swimming, 1-4 p.m. for day camp, and 5-8 p.m. for lap swimming and lessons, beginning June 23. The South Pool is closed Saturdays, Sundays and holidays.

For more information on the base pools, or for requirements for the swimming classes, call equipment checkout at 652-3698 or 652-3702.

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Legal Assistance Officer or the DOD Hotline  
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**Or Call 1-800-424-9098**



# 12th ADS supports base medical readiness needs

By Jennifer Valentin  
Wingspread staff writer

The 12th Aeromedical-Dental Squadron is the most diverse and most operationally-oriented squadron in the 12th Medical Group, said Lt. Col. Robert Poindexter, 12th ADS commander.

The 12th ADS is made up of seven different flights, all working together to increase the medical readiness posture of Team Randolph.

The Aerospace Physiology Training Flight trains approximately 4,800 aircrew members annually, teaching them how to deal with physiological stressors associated with high altitude and high performance flight and various life support equipment. The aircrew members attending the training are required to experience, recognize and treat these physiological stressors in the altitude chamber. The physiological training flight is also responsible for G-Awareness and spatial disorientation training, said Colonel Poindexter.

The Advanced Spatial Disorientation Trainer is almost one-year old and is the newest training tool in their arsenal to increase awareness and ultimately prevent future spatial disorientation events. The ASDT is currently being used for the Air Force's Advanced Instrument School and it can simulate up to 19 different disorienting illusions to challenge aircrew of all experience levels. The Aerospace Physiology unit also provides human factor, human performance, and physiology related briefs to any unit assigned to the 12th Flying Training Wing as necessary.

The Dental Flight, the largest flight in 12th ADS, provides full service dental care in all dental specialties. Currently, six general dentists and one periodontist along with 24 support staff have teamed together to provide quality care to just under 5,000 beneficiaries. Dental readiness continues to be the most important job; they have consistently maintained Randolph airmen in a highly deployable status.

The Bioenvironmental Engineering Flight evaluates environmental and occupational health hazards on the base and recommends actions to control those hazards, said Colonel Poindexter. They work closely with various base organizations to assess base drinking water, hazardous chemicals, noise, radiation, indoor air quality and heat stress.

There are three elements within the Public Health Flight including Community Health Management, Occupational Health and Force Health Management. Included within Community Health are the more traditional Public Health functions, such as sexually transmitted diseases, tuberculosis and other communicable, vectorborne, zoonotic, and environmental disease control functions, food safety and security and community related education activities.

"The Public Health Flight is responsible for making sure that food serving places on



Senior Airman Robert Searle, community health management, inspects the food at the commissary to make sure it is fresh and stored at the right temperature. (Photo by Jennifer Valentin)

base, such as the enlisted club or BX restaurants, are clean and that the food is inspected," said Colonel Poindexter. "They make sure that none of the food brought onto the base is contaminated."

Occupational Health includes fetal protection, clinic employee health, such as performing occupational health exams, all audiograms for physicals both annual and initial, occupational health exam recommen-

dation, trend analysis and supervisor education.

Public Health added new mission functions in the Force Health Management element performing pre-deployment screenings, medical standards, profile, and flying waiver management; administering medical clearance and preventive medicine briefings for deployments.

The Health and Wellness Center is located

in Hangar 71. HAWC services are available to all beneficiaries. The HAWC is designed for people who are serious about making healthy lifestyle changes. Health promotion classes and counseling topics include anger and stress management, back care, general and prenatal and postpartum fitness, nutrition, and tobacco cessation. Body fat taping, cycle ergometry and a relaxation room with massage chair are also available. Literature on many prevention topics is provided at no charge.

The Flight Medicine Flight provides primary healthcare for active duty members of the flying squadrons, any member on active or inactive flying status, and those on special operational status such as air traffic controllers and aerospace physiologists. In addition, the clinic supports a number of non-flying personnel. They take care of the firefighters, security forces squadron, the members of the 12th ADS and their enrolled family members. They perform yearly occupational physical exams for personnel working in industrial shops on base, which includes approximately 600 civilian employees.

In addition, the clinic completes initial flying class physicals for four Air Force ROTC detachments and supports the wing orientation flight program, providing approximately 1,000 incentive flight physicals each year. The flight surgeons follow all Randolph beneficiaries on medication to treat positive tuberculosis skin tests. The flight medicine team responds by ambulance to the flight line for in-flight emergencies and is the medical group's first responder team in the event of a mass casualty or other disaster.

The Optometry Element ensures that Air Force members are fully "Vision Ready" to perform their required duties, whether it be with glasses, safety and regular, gas mask inserts, laser eye surgery or contact lenses for aircrew. The core of their services is the routine eye exam when they detect, diagnose and treat many diseases such as eye infection and glaucoma, said Colonel Poindexter.

The Medical Readiness Flight is responsible for the posturing, training and deployment of all medical UTCs.

The readiness office coordinates on all base plans, writes the 12th Medical Group disaster response plan, and works with 12th FTW inspector general on wing exercise requirements.

The 12th ADS is very diverse and has a very successful staff, said the colonel. The members of the 12th ADS focus on the readiness mission of the Air Force and ensure they have the warfighters ready to go.

"It is a challenging time for the 12th ADS, but with such depth of talent on our team, we should be able to convert any obstacle into an opportunity for success," said the colonel.

For more information on the 12th ADS, call Senior Master Sgt. Gerrie O'Brien, superintendent or Colonel Poindexter at 652-6003.



## TELECOMMUNICATIONS MONITORING

Reminder- All U.S. Government telecommunications devices are subject to monitoring. Telecommunications devices include, but are not limited to: telephones (standard, cellular or STU-III), radios, facsimile machines, computers (network or stand alone) and personal digital assistance. Use of such devices constitutes consent to this monitoring.

For more information, call the Unit Information Assurance awareness program manager or the wing IA office at 652-4231.

# Take control of arthritis with exercise

**By Jennifer Valentin**  
Wingspread staff writer

Seventy million adults and almost 300,000 children live with arthritis. According to the Arthritis Foundation, regular and moderate exercise benefit people with arthritis.

Regular and moderate exercise reduces joint stiffness and pain, builds strong muscle around the joints and increases flexibility.

It gives arthritis sufferers more energy, helping them sleep better, controlling their weight, decreasing depression and building self-esteem.

Exercise can also help prevent osteoporosis and heart disease.

The important thing for people with arthritis to remember is when starting an exercise routine, it is always a good idea to start with flexibility exercises.

Once the person feels comfortable with those, they can start other exercises, such as bicycle riding. But if a person is in pain from this exercise, they can start with water exercises, which reduce stress on the knees, hips and spine.

According to [www.arthritis.org](http://www.arthritis.org), an exercise program can include anything from walking around the neighborhood, to taking a yoga class to playing golf.

Walking strengthens the heart, lungs and gives people stamina. Walking also protects the joints and keeps them ready for everyday activities.

Yoga is a low-impact exercise that reduces tension and induces relaxation. It also helps strengthen muscles and loosens joints.

Playing golf can enhance the spine, hips, upper and lower extremities. It can also help improve balance and coordination.

Whichever exercise is decided on, it is always a good idea to consult a doctor first, according to the Web site.

For further information, please visit [www.arthritis.org](http://www.arthritis.org).

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## Sports Briefs

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### Golf Tournament

The First Annual Headquarters Air Education and Training Command Logistics Readiness Division "Spring Fling" golf tournament will be held May 16 at noon at the Randolph Oaks Golf Course. The tournament format is a four-person Florida scramble (select shot). The cost is \$35 for non-members and \$25 for members, which includes green fee, cart, food and beverages. Prizes to be awarded to first, second, third and last place teams. Prizes also given out for a hole-in-one, men and women long drive, closest to the pin, longest putt made and door prizes.

The sign-up deadline is Thursday. To sign up or request more information, call Master Sgt. Shaun Derry at 652-3905, or email [shaun.derry@randolph.af.mil](mailto:shaun.derry@randolph.af.mil), call Master Sgt. John Maples at 652-5107, or email [john.maples@randolph.af.mil](mailto:john.maples@randolph.af.mil), or call Senior Master Sgt. Tim Cornish at 652-5621.

### Total Fitness

This class is designed to teach how to develop a solid exercise program.

The next class is Wednesday at 2 p.m. Contact the HAWC at 652-2300 to signup or for further information.

### Senior Fitness

Exercise at any age has benefits from reducing the risk of heart problems including heart attacks to preventing osteoporosis.

To enroll in the next class, which is Monday at 10:30 a.m., call the HAWC at 652-2300.

### Yoga class

Yoga power class will be held today from 4:45-5:45 p.m. in the fitness center aerobics room. For more information, call 652-5316.